

The BABCP is the British Association of Behavioural and Cognitive Psychotherapies. It is the lead organisation for the theory, practice and development of Cognitive Behavioural Therapy in the UK.

<http://www.babcp.com/>

BABCP Accreditation is the “Gold Standard” that every CBT Psychotherapist is striving to achieve, maintaining the highest standards of knowledge and professionalism. All our therapists have the necessary training and skills to ensure that you receive this top quality professional therapy.